

FLEX LEWIS CANADIAN CLASSIC

INFORMATION



GO TO WWW.FLEXLEWISCANADIANCLASSIC.COM

GENERAL INFORMATION (SHOW DAY)

IMPORTANT NOTES

ENTRANCE TO BACKSTAGE: WALK INTO THE CENTRE TO ACCESS THE BACKSTAGE ENTRANCE (ON THE CENTRE A SIDE) INTO THE CONTEST PREP AREA. YOU MUST SHOW YOUR BUTTON NUMBER AT THE DOOR TO GET BACKSTAGE.

PREJUDGING FOR MEN'S CLASSES: Competitors are asked to arrive no later than 8:30 am to prepare for judging.

PREJUDGING FOR WOMEN'S CLASSES: Competitors are asked to arrive no later than 10:30 am to prepare for judging.

EVENING FINALS: will begin at 6:00 pm SHARP, Saturday night, July 15th. Competitors are asked to arrive no later than 5:30 pm. *Posing Routines (Bodybuilding, Men's Classic Physique & Women's Physique) will take place during the Evening Finals.

BADGE NUMBERS: Competitor Badge numbers to be worn on the LEFT hip.

BACKSTAGE INFORMATION

There will be a **backstage crew** to assist you in the pump-up area. It is very important to pay attention and listen to their instructions as the competition progresses. Anyone failing to comply with the backstage coordinator's instructions will be disqualified.

All competitors are prohibited from any place in the backstage area that is indicated as Off Limits. Only assigned dressing rooms and pump up areas are to be used and will be clearly indicated by promoters.

IMPORTANT: Competitors will **NOT** be allowed to have a helper backstage, there will be plenty of backstage personnel to assist you. There are special circumstances / exceptions for personnel backstage. If you have purchased a Backstage Coaches Pass, you must wear your badge around your neck and it be visible to the Security Personnel (entering and exiting the backstage). Backstage Passes are **NON-TRANSFERABLE!** We will be keeping an eye on this to ensure that only authorized personnel go backstage.

BUY A BACKSTAGE PASS AT: <https://fs22.formsite.com/LEBLANH/form32/index.html>

Any time, a competitor feels uncomfortable, immediately inform one of the backstage coordinators for assistance.

Please note that food and beverages are not permitted in the auditorium, backstage is permissible.

No alcohol permitted in the backstage area.

No weights or benches will be available, please bring your own resistance bands and/or dumbbells if required.

Bags will be searched before entering the back-stage area by our own security.

WARNING: OIL/DREAM TAN IS PROHIBITED AT THE CASINO! Due to CBBF rules, oil and/or dream tan products will not be permitted in the venue. **CBBF BANNED PRODUCTS ARE PROHIBITED AND CAN LEAVE STAINS ON THE SPECIAL STAGE SURFACE or WALLS IN THE VENUE.** All athletes will be checked before walking on stage and any competitor wearing these prohibited products will be asked to wipe it off before they are allowed onstage. Competitors are asked to PLEASE BE VERY CAREFUL NOT TO TOUCH THE WALLS OR CURTAINS AND WHERE YOU SIT AND PLACE YOUR HANDS. THESE PRODUCTS LEAVE STAINS AND VERY MESSY TO CLEAN. Failure to comply could disallow promoters to re-use the venue at Casino NB for future events and could result in disqualification of the competitor

CASINO HOTEL - PARTICIPANTS AND SPECTATORS INFORMATION LIST

- Max occupancy of 2 adults in deluxe rooms (1 king bed) & max occupancy of 4 adults in deluxe rooms (2 queen beds).
- Deluxe Rooms **DO NOT** have any microwaves.
- Microwaves **ARE NOT** available at the Hotel and Heating of food and/or water is **NOT** available at the Hotel.
- Microwaves, curling/straightening irons are **NOT** to be plugged into Hotel lobby outlets.
- Check in time is **4:00 p.m.** early check-ins will **NOT** be accommodated.
- Check out time is 11:00 a.m. late check-out will **NOT** be accommodated.
- The Hotel has 2 luggage carts. They are available to ALL guests on a first-come, first-serve basis and may **NOT** be removed from the Hotel.
- Spray Tanning is **NOT** permitted in hotel guest rooms. Any evidence of Spray Tanning in a guest room will be evicted; no refunds will be issued.
- The Hotel Housekeeping Team must enter each occupied guest room daily to remove perishable waste.
- Any physical or noise damage resulting from registered or non-registered guests, found in a guestroom, will result in the following charges to the registered guest:
 - \$ 5 / bathmat ▪ \$ 5 / face cloth ▪ \$ 10 / bath towel
 - \$ 10 / hand towel ▪ \$ 10 / pillow case ▪ \$ 30 / sheet
 - \$ 55 / bed scarf ▪ \$ 150 / duvet ▪ Excessive cleaning will be starting from \$ 250
- A valid credit card must be presented upon arrival. An authorization of \$250 will be processed on the card upon arrival. In lieu of a valid credit card authorization, a cash deposit of \$250 will be required.
- Each guest will be asked to sign the attached "Damage Waiver Form". Failure to do so will result in cancellation of the guestroom reservation; the cancellation fee of \$75 will apply.
- Abusive language/behavior towards Casino New Brunswick Team Members will **NOT** be tolerated and may result in eviction.

WARNING TO ATHLETES STAYING AT THE CASINO HOTEL

IT IS STRONGLY RECOMMENDED THAT YOU BRING YOUR OWN TOWELS AND BEDDING. IT IS VERY IMPORTANT NOT TO GET TANNING DYE ON THE HOTEL TOWELS, BEDDING, CARPET OR WALLS. IF STAYING AT THE CASINO, THE CASINO WILL ENFORCE THE ITEMS ABOVE IN THE INFORMATION LIST. YOU WILL THEN BE RESPONSIBLE FOR ANY DAMAGE DONE TO THE ROOM AND/OR LINENS, WALLS, CARPET, ETC.

IMPORTANT NOTES – REGISTRATION – JULY 14, 2017

LOCATION: CASINO NEW BRUNSWICK

(TCH EXIT 450 AT MAGNETIC HILL)

USE MAIN ENTRANCE OF THE MOLSON CANADIAN CENTRE FOR REGISTRATION.

REGISTRATION IS LOCATED IN THE CENTRE FOYER)

OPEN REGISTRATION FOR ALL DIVISIONS

ATHLETE MUST SIGN IN ANYTIME BETWEEN 2:00 PM - 6:00 PM (No Athlete's Meeting)*

- Buttons will be issued as you register. Athletes who've registered for both master's and open will wear different button numbers.
- All Bodybuilders must be weighed in and recorded during this time.
- All Men's Classic Physique must be weighed in, heighted (measured) and recorded during this time.
- All Women's Physique must register during this time.
- All Men's Physique, Figure and Bikini competitors must be heighted (measured) and recorded during this time.
- ***For Bodybuilding, Men's Classic Physique & Women's Physique only:*** Music must be provided to the registration desk between 1:00 pm – 5:00 pm. **NO CD's are accepted.**
 - ***Important: Only flash drives (USB Sticks) will be accepted in a Ziplock Plastic bag.** It must contain 1 – 60 second music track. Music with profanity will be discarded and competitor will pose to music provided by the promoter.

We will also have an option available to upload your music ahead of time. Go to this link to upload it now: [POSING ROUTINE MUSIC UPLOAD FORM](#)

2017 FLEX LEWIS CANADIAN CLASSIC – CLASSES
SATURDAY, JULY 15, 2017 - CASINO NEW BRUNSWICK

- ✓ ANY ATHLETE WHO QUALIFIED OR QUALIFY FOR THE 2017 OR 2018 CANADIAN NATIONAL EVENT WHO WINS 1ST, 2ND OR 3RD PLACE IN ANY CLASS WILL RECEIVE UNFUNDING (BURSARIES) TO GO TO THE NATIONALS THAT QUALIFY OR QUALIFIED THEM THROUGH THEIR OWN PROVINCIAL ASSOCIATION. (i.e. 1st \$300, 2nd \$200 & 3rd \$100) OR A \$500 BURSARY FOR AN OVERALL WIN. PRIZES WILL BE AWARDED TO AMATEUR ATHLETES WHO PLACE.
- ✓ ALL ATHLETES WILL RECEIVE SPECIALLY DESIGNED FLEX LEWIS MEDALS.
- ✓ TROPHIES (OVERALLS)
- ✓ 1ST 2ND & 3RD MEDALS
- ✓ 21 CLASSES AVAILABLE

•**MEN'S CLASSIC PHYSIQUE**

<i>SHORT</i>	<i>HEIGHT (FT & ")</i>	<i>HEIGHT (INCHES)</i>	<i>WEIGHT</i>
	<i>Up to & Incl. 5'4"</i>	<i>Up to & Incl. 64 inches</i>	<i>Up to & Incl. 155 lbs</i>
	<i>Over 5'4" up to & Incl. 5'5"</i>	<i>Over 64 inches up to 65 inches</i>	<i>Up to & Incl. 160 lbs</i>
	<i>Over 5'5" up to & Incl. 5'6"</i>	<i>Over 65 inches up to 66 inches</i>	<i>Up to & Incl. 165 lbs</i>
	<i>Over 5'6" up to & Incl. 5'7"</i>	<i>Over 66 inches up to 67 inches</i>	<i>Up to & Incl. 170 lbs</i>
	<i>Over 5'7" up to & Incl. 5'8"</i>	<i>Over 67 inches up to 68 inches</i>	<i>Up to & Incl. 177 lbs</i>
	<i>Over 5'8" up to & Incl. 5'9"</i>	<i>Over 68 inches up to 69 inches</i>	<i>Up to & Incl. 185 lbs</i>
	<i>Over 5'9" up to & Incl. 5'10"</i>	<i>Over 69 inches up to 70 inches</i>	<i>Up to & Incl. 192 lbs</i>
<i>TALL</i>	<i>Over 5'10" up to & Incl. 5'11"</i>	<i>Over 70 inches up to 71 inches</i>	<i>Up to & Incl. 200 lbs</i>
	<i>Over 5'11" up to & Incl. 6'0"</i>	<i>Over 71 inches up to 72 inches</i>	<i>Up to & Incl. 207 lbs</i>
	<i>Over 6'0" up to & Incl. 6'1"</i>	<i>Over 72 inches up to 73 inches</i>	<i>Up to & Incl. 215 lbs</i>
	<i>Over 6'1" up to & Incl. 6'2"</i>	<i>Over 73 inches up to 74 inches</i>	<i>Up to & Incl. 225 lbs</i>
	<i>Over 6'2" up to & Incl. 6'3"</i>	<i>Over 74 inches up to 75 inches</i>	<i>Up to & Incl. 232 lbs</i>
	<i>Over 6'3"</i>	<i>Over 75 inches</i>	<i>Up to & Incl. 240 lbs</i>

- MASTER MEN (40+) BODYBUILDING (age 40 and over - 1977)**
- SR. MEN'S LIGHTWEIGHT BODYBUILDING (up to 154 lbs)**
- SR. MEN'S MIDDLEWEIGHT BODYBUILDING (over 154 up to 176 lbs)**
- SR. MEN'S LIGHT HEAVYWEIGHT BODYBUILDING (over 176 up to 198 lbs)**
- SR. MEN'S HEAVYWEIGHT BODYBUILDING (over 198 lbs)**
- MASTER MEN'S PHYSIQUE (40+) (age 40 and over – 1977)**
- MEN'S PHYSIQUE SHORT (up to & incl. 5'7" – up to & incl. 67")**
- MEN'S PHYSIQUE MEDIUM (over 5'7" up to & incl. 5'10" – over 67" up to & incl. 70")**
- MEN'S PHYSIQUE TALL (over 5'10" – over 70")**
- WOMEN'S PHYSIQUE OPEN**
- MASTER FIGURE (35+) (age 35 and over – 1982)**
- FIGURE SHORT (up to & incl. 5'4" – up to & incl. 64")**
- FIGURE MEDIUM (over 5'4" up to & incl. 5'6" – over 64" up to & incl. 66")**
- FIGURE TALL (over 5'6" - over 66")**
- MASTER BIKINI (35+) (age 35 and over – 1982)**
- BIKINI SHORT (up to & incl. 5'2" – up to & incl. 62")**
- BIKINI MEDIUM (over " 5'2" up to & incl. 5'4" – over 62" up to & incl. 64")**
- BIKINI MEDIUM-TALL (over 5'4" up to & incl. 5'6" – over 64" up to & incl. 66")**
- BIKINI TALL (over 5'6" – over 66")**

PREJUDGING LINE-UP

MEN'S CLASSIC PHYSIQUE SHORT

MEN'S CLASSIC PHYSIQUE TALL

MASTER MEN (40+) BODYBUILDING DIVISION

SR. MEN'S LIGHTWEIGHT BODYBUILDING DIVISION

SR. MEN'S MIDDLEWEIGHT BODYBUILDING DIVISION

SR. MEN'S LIGHT HEAVYWEIGHT BODYBUILDING DIVISION

SR. MEN'S HEAVYWEIGHT BODYBUILDING DIVISION

MASTER MEN'S PHYSIQUE (40+) DIVISION

MEN'S PHYSIQUE SHORT DIVISION

MEN'S PHYSIQUE MEDIUM DIVISION

MEN'S PHYSIQUE TALL DIVISION

WOMEN'S PHYSIQUE OPEN DIVISION

MASTER FIGURE (35+) DIVISION

FIGURE SHORT DIVISION

FIGURE MEDIUM DIVISION

FIGURE TALL DIVISION

MASTER BIKINI (35+) DIVISION

BIKINI SHORT DIVISION

BIKINI MEDIUM DIVISION

BIKINI MEDIUM-TALL DIVISION

BIKINI TALL DIVISION

EVENING FINALS LINE-UP

MASTER MEN (40+) BODYBUILDING DIVISION

MASTER FIGURE (35+) DIVISION

MASTER MEN'S PHYSIQUE (40+) DIVISION

MASTER BIKINI (35+) DIVISION

MEN'S CLASSIC PHYSIQUE SHORT

SR. MEN'S LIGHTWEIGHT DIVISION

FIGURE SHORT DIVISION

MEN'S PHYSIQUE SHORT DIVISION

BIKINI SHORT DIVISION

MEN'S CLASSIC PHYSIQUE TALL

SR. MEN'S BODYBUILDING MIDDLEWEIGHT DIVISION

FIGURE MEDIUM DIVISION

MEN'S PHYSIQUE MEDIUM DIVISION

BIKINI MEDIUM DIVISION

INTERMISSION

GUEST POSER 5X MR OLYMPIA 212 CHAMPION FLEX LEWIS

SR. MEN'S LIGHT HEAVYWEIGHT DIVISION

FIGURE TALL DIVISION

MEN'S PHYSIQUE TALL DIVISION

BIKINI MEDIUM-TALL DIVISION

SR. MEN'S HEAVYWEIGHT DIVISION

BIKINI TALL DIVISION

WOMEN'S PHYSIQUE (OPEN DIVISION)

OVERALL MEN'S CLASSIC PHYSIQUE DIVISION

OVERALL FIGURE DIVISION

OVERALL MEN'S PHYSIQUE DIVISION

OVERALL SR. MEN'S BODYBUILDING DIVISION

PROFESSIONAL SERVICES

TANNING



GO TO:

www.elitesporttan.com

EMAIL:

marlo_pierce@hotmail.com or marlosspraytanning@hotmail.com

HAIR



Marcia Olsen

marcia@figuredoutcoaching.com

(902) 877-7761

MAKEUP



Vicki Martin MUA

Vicki Martin

vickimartinmua@hotmail.com

STAGE PHOTOGRAPHY



Ray of Light Photography

info@rayoflightphotography.ca

BACKSTAGE PHOTOGRAPHY



Paul Girvan

paulgirvan@gmail.com

DVD'S



John Douglas & Judi Stone

sps.john1@gmail.com

HOTELS

Casino New Brunswick

21 Casino Drive

Moncton, NB E1G 0R7

Phone Number(s): (506) 861-4661 or 1-877-859-7775

Website: <http://www.casinonb.ca/hotel-spa>

Amsterdam Inn & Suites Moncton

2550 Mountain Road

Moncton, NB E4G 1R3

Phone Number(s): (506) 383-5050 / 1-800-468-2828

Website: <http://amsterdaminns.com/our-properties/moncton/>

(Closest Location to the Casino – 1 min walk)

*Free Breakfast, Free Internet and Free Parking Included

Quality Inn

2530 Mountain Road

Moncton, NB E1G 1B4

Phone Number: (506) 386-6749

Website: <https://www.choicehotels.com/new-brunswick/moncton/quality-inn-hotels/cna20>

(2nd Closest Location to the Casino – 2 min walk)

*Free Breakfast, Free Internet and Free Parking Included

Holiday Inn Express Hotel & Suites

2515 Mountain Road

Moncton, NB E1C 8R7

Phone Number(s): (506) 384-1050 or 1-877-660-8550

Website: <http://www.ihg.com/holidayinnexpress/hotels/us/en/moncton/yqmca/hoteldetail>

(3rd Closest Location to the Casino – 6 min walk)

*Free Breakfast, Free Internet and Free Parking Included

Comfort Inn Magnetic Hill

2495 Mountain Road

Moncton, NB E1G 2W4

Phone Number: (506) 384-3175

Website: <http://www.magnetichillcomfortinn.com/>

*Free Breakfast, Free Internet and Free Parking Included

Travelodge Suites Moncton

2475 Mountain Road

Moncton, NB E1G 2J5

Phone Number(s): (506) 852-7000 / 1-800-578-7878

Website: <http://www.travelodge.ca/property/travelodge-suites-moncton>

SPONSORSHIP OPPORUNITIES

MAIN SPONSORSHIP INCLUDES: (taken*)

- (2) Overall Trophy Presentations (1 for Elite and 1 for Amateur) for
- Men's Physique, Men's Classic Physique, Figure, Bikini or Bodybuilding
- Logo on TOP of Poster & on all promotional material
- Logo on Website and Slideshow exposure during the show (AD Promotion)
- 30 sec Commercial/Ad Recorded by the Sponsor (shown during the show)
- Display Booth (2 Tables)
- Evening Show Tickets (8 – \$440 Value)
- Backstage Passes (2 – \$150 Value)
- Reserved Gold Ticket Seating Up Front and Center

Price \$2000.00

DIAMOND SPONSOR INCLUDES:

- (1) Overall Trophy Presentation for Men's Physique, Men's Classic Physique, Figure, Bikini and Bodybuilding
- Logo on Poster & on all promotional material
- Logo on Website and Slideshow exposure during the show (AD Promotion)
- Display Booth (1)
- Evening Show Tickets (4 – \$220 Value – Gold Seating up front)
- Evening Show Tickets (2 - \$90 Value - Premium Seating)
- Backstage Passes (1– \$75 Value)

Price \$1000.00

GOLD SPONSOR INCLUDES: (CHOICE OF MEDALS PRESENTATION OR BURSARY PRESENTATION)

- Medal or Bursary Presentation for 1st, 2nd & 3rd for (1) Class MP, CMP, Figure, Bikini or BB
- Logo on Poster Logo on Website and Slideshow exposure during the show (AD Promotion)
- Logo and Name inside the Evening Finals Program
- Evening Show Tickets (2 – \$110 Value) or Backstage Pass (1 - \$75 Value) and Evening Show Tickets (2 - \$90 Value) Premium Seats

Price \$300.00

FULL DISPLAY BOOTH WITH BURSARY PRESENTATION

- Selling or Advertising products and/or services
- Booth Space and Table - 6 or 8 ft. table (bring own table covering)
- Logo on Poster (Landscape Format)
- Logo on Website and Slideshow exposure during the show (AD Promotion)
- Logo and Name inside the Evening Finals Program
- Evening Show Tickets (2 - \$80 VALUE)
- Presentation of Bursary Awards for 1st, 2nd and 3rd.

Price \$500.00

FULL DISPLAY BOOTH INCLUDES:

- Selling or Advertising products and/or services
- Booth Space and Table - 6 or 8 ft. table (bring own table covering)
- Logo on Poster (Landscape Format)
- Logo on Website and Slideshow exposure during the show (AD Promotion)
- Logo and Name inside the Evening Finals Program

Price \$300.00

ADDED EXTRAS:

- 1 PAGE COLORED AD IN PROGRAM - \$150**
- 2 PAGES COLORED AD IN PROGRAM - \$250**
- 15 SECOND COMMERCIAL DURING SHOW - \$100**
- 30 SECOND COMMERCIAL DURING SHOW - \$175**